



THE GATHERING PLACE AT KENNETT

NEWS & UPDATES

A COMMUNITY CENTER POWERED BY ADULTS 55+

Our Mission

The Gathering Place at Kennett helps adults 55+ live healthy, active, and independent lifestyles.

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A Note from our Executive Director, Stephanie D'Amico

Dear Friends,

It's hard to believe we're already heading into September. Fall is always a busy time at The Gathering Place, and this year is no exception. There is a lot happening over the next two months, and I hope you'll take some time to look through this newsletter and mark your calendar for the programs, activities and special events that interest you.

First, our Fall Yard Sale is Saturday, September 26, from 8:00 a.m. to 2:00 p.m. This is one of our biggest fundraisers of the year and, thanks to our volunteers and donors, also one of the largest indoor yard sales in the area. This sale will include our popular Holiday Shoppe, so it's a great opportunity to get an early start on holiday shopping while supporting The Gathering Place.

We are still accepting donations for the sale through September 18th. If you're doing some fall cleaning, please keep us in mind. Your gently used household items, décor, collectibles and other treasures help make this fundraiser successful. And, of course, we need shoppers too! Every purchase supports the programs and services we provide throughout the year.

I'm also very happy to welcome Susan Lisicky, our new Information & Assistance Coordinator, to The Gathering Place. Susan is available to help participants connect with resources and services and to provide assistance when you're not quite sure where to start. You'll see Susan around the Center, so please take a moment to introduce yourself and make her feel at home. We're very glad to have her as part of our team.

September and October also bring plenty of opportunities to gather with friends and try something new. We have guest speakers, support groups, exercise classes, games, creative activities, our Book Club, a Throwback Thursday Sock Hop and much more planned. There really is something for just about everyone.

As always, thank you to our participants, members, volunteers, donors and friends who make The Gathering Place such a welcoming community. Whether you join us several times a week or stop in now and then, we're glad you're here. I look forward to seeing you this fall!

Warmly,

Stephanie K. D'Amico

Stephanie D'Amico, Executive Director



The Gathering Place at Kennett
427 S. Walnut St., Kennett Square, PA 19348
(610) 444-4819 / info@gatheringplacekennett.org





Gathering Friends Circle

Dear Friends,

For more than ten years, I have had the privilege of volunteering at The Gathering Place at Kennett. During that time, I've watched friendships grow over a cup of coffee, seen lives changed through wellness programs, and witnessed the relief that comes when someone receives help navigating Medicare or other important benefits.

I've also learned something simple but powerful: The Gathering Place is more than a building. It is a community where people find connection, purpose, and support. Today, I'm inviting you to help ensure that community remains strong by becoming a member of Gathering Friends Circle, our monthly sustaining donor program.

Monthly giving is one of the most meaningful ways you can support The Gathering Place. While one-time gifts are always appreciated, recurring donations provide dependable funding that allows us to plan, meet growing needs, and continue offering the programs our community depends on every day.

Your monthly gift has a lasting impact.

- \$10 a month helps create a welcoming place where no one feels alone.
- \$25 a month helps ensure trusted information and assistance is available when someone needs guidance through life's challenges.
- \$50 a month helps support health and wellness programs that keep older adults active and independent.
- \$100 a month helps provide nutritious congregate meals.

Every month, hundreds of adults 55 and older come through our doors for friendship, healthy meals, exercise, educational programs, volunteer opportunities, and caring support. Together, monthly donors make all of this possible.

Becoming a member of the Gathering Friends Circle is easy. Visit <https://gatheringplacekennett.org/donate/> to securely enroll online. If technology isn't your thing, we're happy to help. Simply call us at (610) 444-4819 or stop by The Gathering Place and we'll gladly walk you through the process. A monthly gift may also be made via check. Include a short note with your donation and we will register you in the program and send you payment coupons. Much appreciated one-time gifts may also be made at the link above.

As someone who has seen firsthand the difference this organization makes, I hope you'll consider becoming one of our founding members. Your monthly gift, whatever the amount, will help ensure that The Gathering Place at Kennett continues to be a place where adults 55+ can gather, grow, and thrive for years to come.

Thank you for believing in our mission and for considering this special opportunity to make a lasting difference.

With gratitude,

Karen Martin, Board President

P.S. Your monthly gift can be changed or canceled at any time, but the impact it has on our community is felt every single day.

Event Space Rental



Event Space Available

Did you know that The Gathering Place at Kennett has party and entertainment spaces that can be rented? Whether you are planning a family party, Quinceañera, Sweet Sixteen, or a well-earned Retirement party, our recently renovated Hall provides the perfect combination of size, accessibility, parking, and more!

Shade Hall accommodates up to 120 guests and comes complete with a stage large enough to accommodate a band or DJ. It's a bright, fresh and beautiful space with a high ceiling.

TGP@Kennett provides ample parking, with 57 on-site spaces, including 10 accessible spaces. There is also generous on-street parking to supplement. Learn more by visiting our website at www.gatheringsplacekennett.org/space-rental So, what are you waiting for? Plan your next event today!

Please contact Betsy Warner at bwarner@gatheringplacekennett.org or Stephanie D'Amico at sdamico@gatheringplacekennett.org. You may also call (610) 444-4819 for more information.

AREA'S LARGEST INDOOR YARD SALE

The Gathering Place at Kennett

Featuring Our Holiday Shoppe!

Easy,
On-site
Parking

A Community Center Powered by Adults 55+

SATURDAY, SEPTEMBER 26TH
8:00 AM - 2:00 PM



Shop Great Finds at Great Prices!
Cash & Credit/Debit Accepted.

The Gathering Place at Kennett
427 S. Walnut Street
Kennett Square, PA
610 444 4819

TGP@Kennett is a 501(c)3 non profit, charitable organization.



A Blooming Tradition

We always look forward to the annual visit from our friends at the Four Seasons Garden Club of Kennett Square, whose mission is to promote gardening, floral design, horticulture, civic beautification, environmental conservation, and community outreach. Their floral arranging workshop is always a favorite with our participants, filling the room with creativity, laughter, and beautiful bouquets. Thank you to the Garden Club volunteers for generously sharing your time, talent, and love of gardening with us each year.



Thank You, Lori!

Celebrating Five Years of Friendship, Service and Community.



After five years of helping, encouraging, problem solving, and sharing plenty of laughs with our participants, Lori Holcombe is retiring from her role as our Information and Assistance Coordinator.

During her time at The Gathering Place at Kennett, Lori has helped countless participants find important resources, from Medicare assistance and community services to informative speakers and programs. She also took the lead in our Produce Program and AARP Tax Assistance Program. Whenever we needed someone to help with a game or fun activity, Lori was always willing, something she genuinely enjoyed.

One of Lori's proudest accomplishments was creating our Tech Help program, giving participants a place to turn when computers, phones, and other technology became challenging. Her patience and willingness to help made a difference to many people.

Lori's favorite memories often involve the camaraderie and laughter she shared with participants. She also never shied away from having a little fun herself. She loved dressing up for Halloween and could always be counted on to come up with a great costume.

One moment that still makes her smile involved our SilverSneakers group, who had been asked not to throw a ball around. When they continued anyway and Lori started walking toward them, someone called out, "Uh oh, here comes Lori!" She couldn't help but laugh. Moments like that are what Lori says she will miss most, the fun, the friendships, and the bonds she formed with participants and volunteers.

Over the years, Lori has also gained new perspectives and confidence from the people around her. While she spent her days helping others, she feels she learned just as much from the people she met along the way.

As Lori looks ahead to retirement, she is looking forward to traveling, spending time with her husband and family, enjoying her hobbies, and hopefully volunteering with an animal rescue. She has also promised to return to visit friends, enjoy some activities, and perhaps even lead one of her favorite games from time to time.

We are grateful for the five years Lori shared with us and for the difference she made in so many lives. We wish her all the best in the years ahead. She will be missed!



pennsylvania

Medicare Education and Decision Insight

No-cost Medicare Assistance

Open Enrollment happens from October 15 to December 7 and is the time each year when you can make changes to your coverage.

During this period, you can:

- ▼ Change your Medicare Advantage Plan, or Change your drug plan
- ▼ Switch from Original Medicare to a Medicare Advantage Plan, or from a Medicare Advantage Plan to Original Medicare.
- ▼ Join, drop, or switch a Medicare Advantage Plan with or without drug coverage.

PA MEDI is a statewide service operated by the Pennsylvania Department of Aging and is the source with trusted local support for Medicare help. All services are free, confidential, and delivered by specially trained staff and volunteers.

For more information, or to schedule an appointment,
Call 1-888-656-3274 or Contact The Gathering Place at Kennett
at 610-444-4819.



LIHEAP Program

Helping Families. Keeping Homes Warm. 

The Low-Income Home Energy Assistance Program (LIHEAP) will begin accepting applications for its cash, crisis, and weatherization grants in November 2026 and remain open until April, 2027. The target dates are November 1, 2026 through April 7, 2027. Recipients who received a LIHEAP preseason registration number for the 2025-2026 season will be able to submit their applications on COMPASS beginning sometime in October. No official date has been released as of the printing of this newsletter.

LIHEAP helps low-income families pay heating bills in three ways:

-  • **Cash grants:** Assistance for heating bills ranging from \$500 to \$1,500.
-  • **Crisis grants:** Up to \$1,200 for households that have an emergency and are in danger of being without heat.
-  • **Emergency furnace/service line repair or replacement.**

If you have questions about LIHEAP grants, call the Chester County Assistance Office at **610-466-1042**. Or, for a paper application or assistance with completing your LIHEAP application,

Contact The Gathering Place at Kennett, 610-444-4819.



Apply online at: <https://www.compass.state.pa.us/compass.web/Public/CMPHome>



8 Hour Course
Fridays
Oct. 16th & 23rd
9:30 a.m.
to
2:00 p.m.



AARP SMART DRIVER SAFETY CLASS

This 8-hour course teaches you evidence-based strategies to keep you safe behind the wheel.

Limited seating & pre-registration is required.
Call or stop in at the Program Table to register.

This is an 8 hour course split over two days. Attendance at both classes is required.



AARP Members: \$20
Non-AARP Members: \$25
Make Checks Payable to AARP
Check with your insurance company to see if these classes qualify you for a discount.

The Gathering Place at Kennett
 427 S. Walnut Street
 Kennett Square, PA 19348
 610- 444-4819



PA 2-1-1 Get Connected Get Help

If you need to connect with community resources and don't know where to look, **PA 2-1-1** can help.

No matter the situation, the specialists at 211 listen, identify underlying problems, and connect people in need with resources and services in their community that improve their lives.

Dial **211** or text your zip code to 898211 to speak with a resource specialist for free.

The Gathering Place at Kennett Provides These Services

- ➔ Information and Referral Services
- ➔ Medicare / Medicaid Counseling
- ➔ Free Tax Prep Hosting (in partnership with AARP, early February-April)
- ➔ Rent Rebate Assistance
- ➔ Help reading or completing forms
- ➔ Food distribution



Hearing Aid Resources & Financial Assistance

Hearing aids can be life-changing, but they can also be expensive. While some insurance plans may provide limited coverage, many individuals still face significant out-of-pocket costs. The following organizations offer financial assistance, funding programs, and resources that may help make hearing aids more affordable.

National Resources

AUDIENT Alliance

Phone: 877-238-4368

Website: www.audientalliance.org

Provides access to quality hearing aids and hearing care services at reduced costs for low-income individuals nationwide.

Hear Now

Phone: 866-354-3254

Website: www.sotheworldmayhear.org

Offers assistance to individuals who have limited financial resources and cannot afford hearing aids. Income guidelines and an application fee apply.

Military Audiology Association

Website: www.militaryaudiology.org

Provides information and resources related to affordable hearing healthcare services for military personnel and veterans.

U.S. Department of Veterans Affairs (VA)

Phone: 800-827-1000

Website: www.va.gov

Eligible veterans may qualify for hearing aids, batteries, repairs, and other assistive listening devices at no cost.

Pennsylvania Resources

Pennsylvania Assistive Technology Foundation (PATF)

Phone: 888-744-1938

Website: www.patf.us

A statewide nonprofit organization that offers education and financing options to help Pennsylvanians purchase assistive technology, including hearing aids. Programs are available for individuals of all income levels.

Office of Vocational Rehabilitation (OVR)

Phone: 800-442-6351

Website: www.dli.state.pa.us/ovr

Helps individuals with disabilities obtain and maintain employment. Assistance may include hearing aids and other devices needed for work.

Local Resources

HLAA Chester County Chapter

Website: <https://www.hearinglosschesco.com/>

Provides advocacy, education, and support for individuals with hearing loss. Through its Help4Hearing Project, used hearing aids are collected, refurbished, and distributed to eligible low-income individuals.

Chester County Department of Aging Services

Phone: 610-344-6350

Older adults can contact the department for information on available programs, financial assistance, and local resources that may help with hearing-related needs and other services.



7 Simple Ways to Keep Your *Memory Sharp*

Can't find your car keys? Forget why you walked into a room? Everyone forgets things from time to time. While occasional forgetfulness is normal, there are simple things you can do to support your memory and overall brain health.

1. Keep Moving

Regular physical activity increases blood flow throughout the body, including the brain. Even if you don't have time for a full workout, a few short walks throughout the day can add up.

2. Keep Your Mind Active

Your brain benefits from being challenged, too. Read, do crossword puzzles, play games, learn something new, try a new hobby, or pick up a musical instrument. Volunteering is another great way to stay mentally engaged.

3. Stay Social

Spending time with friends, family, and others can help reduce stress and feelings of isolation. Look for opportunities to connect with others and stay involved in your community.

4. Get Organized

A little organization can go a long way. Use a calendar, notebook, or electronic planner to keep track of appointments and important tasks. Keeping things in their usual places can also make them easier to find.

5. Get Enough Sleep

Quality sleep is important for memory and overall health. Aim for 7 to 9 hours of sleep each night and make restful sleep a priority.

6. Eat for Brain Health

A healthy diet that includes plenty of fruits, vegetables, and whole grains can support overall brain health. Choose healthy sources of protein, such as fish, beans, and skinless poultry.

7. Take Care of Your Health

Managing health conditions such as high blood pressure, diabetes, depression, hearing loss, and obesity can also benefit your overall health and memory. Follow your healthcare provider's recommendations and make regular checkups a priority.

When Should You Ask for Help?

Occasional forgetfulness happens to everyone. However, talk with your healthcare provider if you notice your memory getting worse, if forgetfulness begins to interfere with your daily activities, or if a family member or friend expresses concern.

Taking care of your body, keeping your mind active, staying connected, and paying attention to changes in your memory are all important steps toward healthy aging.

Resources

Chester County Department of Aging Services

Provides county residents age-related programs and services.
Address: 601 Westtown Road, Suite 130, PO Box 2747, West Chester, PA 19380-0990
Phone: 800-692-1100 x6350
Phone: 610-344-6350
TTY: 610-344-5233
Fax: 610-344-5996
Website: www.chesco.org/aging

CCDAS Free Legal Consults—Free Legal Advice

The Chester County Dept. of Aging Services (CCDAS) is making an attorney available to senior residents of Chester County on the 2nd Monday of every month from 9:30 AM to 11:30 AM. This service is free to senior residents of Chester County. Appointments are required. For more information or to schedule an appointment, contact the Dept. of Aging at 610-344-6350. All appointments are at the Dept. of Aging in West Chester.

Pa.gov website

Visit this website <https://www.pa.gov/guides> for resources on Mental Health, Unemployment Compensation, other financial help, food assistance, and driver services.

211

Don't forget – 211 is a great resource. Visit the website at: huwp.org/211gethelp/

Chester County Assistance Office

For help with Medicaid, Supplemental Nutrition Program (SNAP), emergency rental assistance, cash assistance, and more. Address: 100 James Buchanan Dr., Thorndale, PA 19372. Phone: 610-466-1000

Chesco Connect

Chesco Connect is Chester County's community transit program for residents of Chester County. Services include medical appointments, grocery stores, work, senior centers, and any other destination in Chester County. To schedule a ride, call Chesco Connect at 610-344-5545.

The Senior Law Center

helps older Americans. Services include:

- Homeownership Rights
- Tenant Rights
- Grandparents raising Grandchildren
- Guardianship
- Victim Services

Reach them at: 610-910-0215 (Delaware/Chester), 610-910-0210 (Bucks/Montgomery), or statewide at 877-727-7529 or check out their website at www.seniorlawcenter.org.

Veterans Affairs

If you are a veteran or know of one in need, please call 610-344-6375

Crime Victim's Center

24/7....helping adults and children in their recovery as victims of sexual violence, assault, property crimes, sexual harassment in the workplace and homicide. Domestic violence and drug addiction have increased. For assistance, please call 610-692-1926 to make an appointment. Website: cvcofcc.org, Address: 135 W. Market Street, West Chester, PA 19382.

Not sure where to start when you need help? Please call Susan Lisicky at 610-444-4819, x115.


SENIOREXPO

 **Tuesday October 13, 2026**
11am-2pm

 **West Chester University (South Campus)**
Sturzebecker Health Science Building
855 S New St, West Chester, PA 19383

 Join our **FREE** event with resources, activities, and services available to our older neighbors in Chester County.

Register Today!


PASenatorComitta.com [@SenatorComitta](https://www.facebook.com/SenatorComitta)

Rep. John Lawrence cordially invites you to attend his
SENIOREXPO
for citizens age 65 and older



Exhibits and programs will include:

- Health care
- Insurance
- County & State Government Services
- AND MORE!

QUESTIONS?
 Call 610-869-1602
 or visit my website at RepLawrence.com

Thursday,
OCT.
8

9-11 A.M.
(Doors open at 9 a.m.)

Conveniently located at
 The Barn of Nottingham,
 101 Ponds Edge Drive,
 Nottingham, PA

As a light breakfast will be provided, we request that you please RSVP by Sept. 21 by calling our Jennersville office at 610-869-1602.

Susan Lisicky
 Information &
 Assistance and

610-444-4819
slisicky@gatheringplacekennett.org

Susan is here to help! Schedule an appointment to discuss your needs and find the resources that fit you best. Call or email to set up a time.

Follow us on
 Facebook @
[gatheringplacekennett](https://www.facebook.com/gatheringplacekennett)

Programs are partially funded by the Chester County Department of Aging Services and the PA Department of Aging.



Pennsylvania
 Department of Aging



Let The Ingredients Shine

by Marci Mebane

Whenever anyone asks about my cooking, I always tell them, “I’m not a fancy cook.” By that, I mean I don’t find it necessary to use recipes that call for a long list of ingredients or obscure items I’ll never use up. In my articles this year, I’ve been sharing ways to reduce waste in the kitchen by using what you already have on hand or making the most of what has been provided to you. Another great way to reduce food costs and waste is to keep it simple and let the ingredients speak for themselves.

This month’s recipe uses just eight ingredients that are either easy to find or ones you likely already have in your kitchen. When you make this potato and green bean dish, you’ll be able to taste each ingredient as it plays its part in creating a flavorful bite. Nothing gets lost, so nothing goes to waste. I hope you enjoy it as much as our own Richard Shar does!

Richard’s Favorite Potatoes & Green Beans

Ingredients:

2 lbs small red potatoes, cut in half
1 lb fresh green beans, trimmed
6 tbsp extra virgin olive oil
2 tbsp red wine vinegar
2 cloves garlic, pressed
½ cup chopped fresh Italian parsley
½ tsp salt
½ tsp black pepper

Directions:

Place potatoes in a large pot and cover with cold water. Season water with a large pinch of salt. Bring to a boil, then reduce heat to a simmer. Cook for 10-15 minutes, until fork tender. Drain potatoes in a colander, then place in bowl.

Meanwhile, in a separate pot of boiling salted water, blanch green beans until bright green and crisp tender. (No longer squeak when you bite into them.) Approximately 4-5 minutes. Drain green beans and add to the potatoes.

In separate bowl, whisk together olive oil, vinegar, garlic, parsley, salt and pepper. Pour dressing over potatoes and green beans, tossing to coat. Let rest for at least 15 minutes to allow dressing to be absorbed. Serve warm or chill for later.



Gather • Connect • Enjoy

TGP@Kennett Activities – September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
 Saturday September 26th 8am-2pm	1 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 10:55 SilverSneakers 12 Lunch 12:45 Rummikub 1-2 NO Aqua-Kendal* 1-3 YMCA	2 9:00 New You! (CR)* 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 10 Bread/Baked Goods 10:15 Alzheimer's Support Group (CR) 10:55 Tai Chi Chih* 12 Lunch 12:30 Produce 12:45 Photo Class 12:40 Canasta	3 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:45 Bunco 1-2 NO Aqua Crosslands* 1-3 YMCA 6:00 Line Dancing	4 CLOSING @ 12:30 PM 9 Coffee & Conversation 9-12 Medicare Counseling 9-3 Games/Cards/ Puzzle 10:00 Mahjong 10-11:30 Pinochle 12 Friday Gathering BYOL** CLOSING @12:30
7 CLOSED 	8 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 10:55 SilverSneakers 12 Lunch 12:40 Card Crafting with Robin* 1-2 NO Aqua-Kendal* 1-3 YMCA	9 9:00 New You! (CR)* 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Walking Tai Chi* 10 Bread/Baked Goods 10:55 Tai Chi Chih* 12 Lunch 12:30 Produce 12:45 Photo Class 12:40 Canasta	10 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:45 Estate Planning-Atty. B. Howell, Speaker 1-2 NO Aqua Crosslands* 1-3 YMCA 6:00 Line Dancing	11 9 Coffee & Conversation 9-3 Games/Cards/ Puzzle 10:00 Mahjong 10-11:30 Pinochle 12 Friday Gathering BYOL** 12:55 Chair Yoga*
14 9 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 10 Fiber Arts Group 10:55 Silver Sneakers 12 Lunch 12:40 Bingo	15 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 10:55 SilverSneakers 12 Birthday Lunch 12:45 Rummikub 1-2 NO Aqua-Kendal* 1-3 YMCA	16 9:00 New You! (CR)* 9 Coffee & Conversation 9-3 Games/Cards/Puzzles 9:30 Walking Tai Chi* 10 Bread/Baked Goods 10:55 Tai Chi Chih* 12 Lunch 12:30 Produce 12:45 Photo Class 12:40 Canasta	17 EAGLES DAY! 9 Coffee & Conversation 9-12 Medicare Counseling 9-3 Cards/Games/Puzzles 9:30 Line Dancing 10 Bread/Baked Goods 10:55 SilverSneakers 12 Lunch 12:45 FOOTBALL GAME! 1-2 NO Aqua Crosslands* 1-3 YMCA 6:00 Line Dancing	18 9 Coffee & Conversation 9-3 Games/Cards/ Puzzle 10:00 Mahjong 10-11:30 Pinochle 12 Friday Gathering BYOL** 12:55 Chair Yoga*
21 9 Coffee & Conversation 9-3 Games/Cards/ Puzzles 10 Bread/Baked Goods 10 Fiber Arts Group 10:55 Silver Sneakers 12 Lunch 12:40 Bingo 12:45 Healthy Grieving Support Group (CR)	22 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 10:55 SilverSneakers 12 Lunch 1-2 NO Aqua-Kendal* 1-3 YMCA	23 9:00 New You! (CR) * 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 NO Walking Tai Chi* 10 Bread/Baked Goods 10 Book Club 10:55 NO Tai Chi Chih* 12 Lunch 12:30 NO PRODUCE 12:45 Photo Class 12:40 NO Canasta	24 CENTER CLOSED YARD SALE PREP	25 CENTER CLOSED YARD SALE PREP
28 9 Coffee & Conversation 9-3 Games/Cards 10 Bread/Baked Goods 10 Fiber Arts Group 10:55 Silver Sneakers 12 Lunch 12:40 Bingo	29 9:00 Coffee & Conversation 9-3 Games / Cards / Puzzles 10 Bread/Baked Goods 10 Mental Gymnastics 10:55 SilverSneakers 12 Lunch 12:40 Art with Ann* 1-2 NO Aqua-Kendal* 1-3 YMCA	30 9:00 New You! (CR)* 9 Coffee & Conversation 9-3 Cards/Games/Puzzles 9:30 Walking Tai Chi* 10 Bread/Baked Goods 10:55 Tai Chi Chih* 12 Lunch 12:30 Produce 12:45 Photo Class 12:40 Canasta	 SilverSneakers Mondays, Tuesdays & Thursdays @10:55 AM	 EAGLES DAY! Show Your Eagles Spirit! Game Kickoff @ 12:45 GO BIRDS!

Join the Lunch Bunch

The Gathering Place at Kennett Daily Lunch Menu - September 2026

Pre-registration for all seating is required (both bring your own and served meals). Lunch reservations may be made up to 12:00 p.m. (noon) on the last business day TGP@Kennett is open before the reservation date. Please sign up in the lunch book or call (610) 444-4819. If you reach the answering machine please leave a message with your name and date(s) for which you wish to make a reservation.

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch is served at 12:00 pm	1 Butter Chicken Brown Rice Cauliflower WW Bread Milk Pineapple	2 BBQ Chicken Flatbread Firecracker Slaw Milk Strawberry Shortcake	3 Roast Pork Sweet Potatoes Green Beans Dinner Roll Milk Fruit Cocktail	4 FRIDAY GATHERING LUNCH Bring Your Own Lunch Seat Reservation Required – Sign up in the purple binder or call us.
PLEASE BE AWARE, MENU IS SUBJECT TO CHANGE WITHOUT NOTICE				
WE WILL BE CLOSED FOR LABOR DAY Monday, Sept. 7 	8 Pineapple Teriyaki Chicken Brown Rice Vegetable Medley Milk Mandarin Oranges	9 Chili Baked Potato Broccoli Corn Muffin Milk Cookies	10 Tuna Sandwich Lettuce, Tomato Chicken Corn Soup Milk Peaches	11 FRIDAY GATHERING LUNCH Bring Your Own Lunch Seat Reservation Required – Sign up in the purple binder or call us.
14 Baked Ziti w/ Ground Beef Garden Salad Italian Bread Milk Fruit Cocktail	15 BIRTHDAY LUNCH  Mashed Potato and Salad Bar	16 Baked Chicken Cornbread Casserole Brussel Sprouts Milk Banana Pudding	17 EAGLES TAILGATE Chicken Cheesesteak Mushrooms & Onions Loaded Tots Milk Water Ice 	18 FRIDAY GATHERING LUNCH Bring Your Own Lunch Seat Reservation Required – Sign up in the purple binder or call us.
21 Meatloaf Sweet Potatoes Mixed Vegetables Dinner Roll Milk Mixed Fruit & Cookie	22 Crispy Chicken Sandwich Lettuce & Tomato Minestrone Soup Milk Ice Cream	23 French Toast Casserole Sausage Links V8 Milk Fresh Fruit Mix	24  CLOSED FOR YARD SALE PREP	25  CLOSED FOR YARD SALE PREP
28 Meatball Stroganoff Egg Noodles Carrots Dinner Roll Milk Cherry Crisp	29 Pesto Pasta w/ Chicken Garden Salad Italian Bread Milk Jello w/ Fruit	30 Chicken Caesar Wrap Italian Wedding Soup Milk Fruit Cocktail Cookie	For those age 60+, a voluntary, confidential \$2.00 donation for Chester County Dept. of Aging is requested. The cost of lunch for those under age 60 is \$5.70.	 Chester County Department of Aging Services

Membership is not required in order for individuals 60 and over to participate in this program. All residents 60 and older are invited to attend and enjoy a noontime meal. Meals provided by Chester County Dept. of Aging Services.

IMPORTANT NOTICE: Lunch must be consumed on premises. For health and safety reasons, perishable food may not be removed from TGP@Kennett. The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.

UPCOMING EVENTS AND DATES TO NOTE

September

Monday, 9/7

Happy Labor Day!
TGP@Kennett Closed

Thursday, 9/10

Speaker, Attorney Bill Howell
Wills, Trusts, POAs & Living Wills
@12:45 PM



Thursday, 9/17

EAGLES Day!

TGP Game Kickoff @ 12:45 PM

Thursday & Friday

9/24 & 9/25

CLOSED FOR YARD SALE PREP

Saturday, 9/26

YARD SALE

Featuring Our Holiday Shoppe
8:00 AM - 2:00 PM

October

Thursday, 10/8

Breast Cancer Awareness
with Fox Chase Cancer Center
@ 12:45 PM

Thursday, 10/15



Throwback Thursday!

Let's Go to the Hop!

Following Lunch @12:30



Fridays, 10/16 & 10/23

AARP Smart Driver 8-Hour
Safety Class

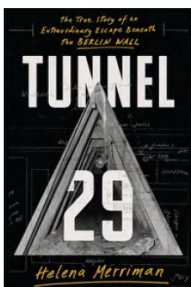
Two 4-Hour Classes

9:30 AM - 2:00 PM

Thursday, 10/22

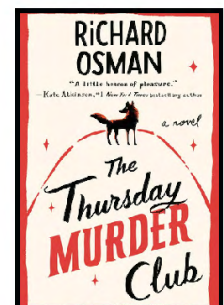
Stroke Prevention & Awareness
with Encompass Health
@12:45 PM

The Gathering Place Book Club Upcoming Reads (4th Wednesday of every month)



**Tunnel 29: The True Story of
an Extraordinary Escape
Beneath the Berlin Wall**
By Helena Merriman
Wednesday, September 23rd
@10:00 AM

The Thursday Murder Club
By Richard Osman
Wednesday, October 28th
@10:00 AM



Get With the Program!

Always Learning!

Book Club (10:00-11:00 on the 4th Wednesday). Love books? So do we! Join the conversation and check out what's coming up!

Genealogy Interested in your family history? Pick up a questionnaire at the Sign-Up Table, and our Family Search volunteer will research your family lineage.

Get moving!

Line Dancing (Thursdays 9:30-10:30 am & evenings, 6:00-7:15 pm). Enjoy a fun workout that boosts fitness and supports heart health.

SilverSneakers (Monday, Tuesday, Thursday, 10:55-11:45) Keep moving with this fun fitness class designed for all abilities. *(Waiver Required)*

T'ai Chi Chih (Wednesdays, 10:55) A series of movements designed to help the flow of natural energy in our bodies. Experience joy through movement! *(Pregistration and waiver required)*

Chair Yoga (Fridays, 12:55pm-1:55pm) Chair Yoga is a gentle, accessible class led by certified instructor Martha Davis. Using a chair for support, participants are guided through gentle movements and breathing exercises to improve flexibility, strength, balance, and relaxation with no floor work required. *(Pre-registration and a signed waiver are required.)*

To your health!

Alzheimer's Support Group (1st Wednesday of each month, @ 10:00. Caregivers of those with Alzheimer's are invited to connect with others for support, understanding, and fellowship.

Healthy Grieving Support Group (3rd Monday @ 12:45 pm). Designed to encourage people to deal with grief and trauma in a way that lightens the load of past and present grief.

Medicare Counseling (Every other Thursday 9:00-12:00 pm). Get personalized, one-on-one Medicare guidance from an expert. Appointments required.

Laugh and Have Fun with Friends!

Creative Tuesdays (2 - 3 Tuesdays a month @12:45) Join us for fun, hands-on art: from card making to painting and more! All skill levels welcome. Check out the Activity Calendar for upcoming dates!

Bunco (1st & 3rd Thursday @12:45 pm). A fun and lively dice game! Easy to learn and a fan favorite!

Canasta (every Wednesday, 12:45 pm). A rummy-style game that is tons of fun!

Mahjong (every Friday 10:00-11:45 am). American Mahjong is a game of strategy, skill and luck.

Pinochle (every Friday 10:00-11:30 am Experienced or beginner players are welcome to join in!

Experienced players welcome! New to the game? Contact us first to see if a lesson can be arranged.

Fiber Arts (Every Monday 9:30-10:55) Love to knit or crochet or would like to learn? Join our Fiber Artists every Monday in the Community Room.

Rummikub (1st & 3rd Tuesday, 12:45 pm) combines elements of rummy and mahjong. Come play or our group is happy to teach!

Expand your horizons!

Mental Gymnastics (Every Tuesday @ 10:00 am. Work out your brain while having fun with friends!

Guest Speakers Check calendar for upcoming topics and details.

The Sunshine Circle (Check calendar) A caring participant led group dedicated to helping our friends at TGP@Kennett stay connected.

These are just a sample of the programs and activities here at TGP@Kennett. Keep up-to-date by:

- Visiting our website
- Following our Facebook page
- Stopping in to pick up an activities calendar (Note: Not all activities are scheduled each month)
- Making a quick call to: 610.444.4819.



watercolor art with ann

Paint • Practice • Express

TUESDAY, SEPTEMBER 29TH @ 12:45

Class Size Limited
Stop By, Call or Email to Register
610 444 4819
gatheringplacekennett.org



Would you like to learn more about your family history?

Discover your family history with the help of our volunteer genealogy researcher. Whether you're tracing your ancestry, exploring family connections, or learning more about your heritage, assistance is available to help you uncover your story.

Call, email, or stop by and visit our information table to learn more.

The Gathering Place at Kennett
427 Walnut St.
Kennett Square, PA 19348
(610) 444-4819
www.gatheringplacekennett.org



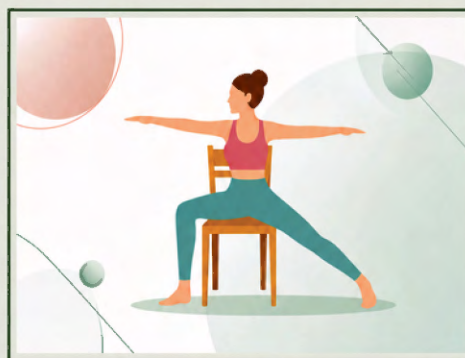
Play RUMMIKUB

Join Us Every 1st & 3rd Tuesday @ 12:45 pm
Fun To Play & Easy To Learn!

The Gathering Place @ Kennett
427 S. Walnut St., Kennett Square, PA 19348
610-444-4819

Chair Yoga

Martha Davis, Certified Yoga Instructor



Chair Yoga is a gentle, accessible class using a chair for support. Guided movements and breathing exercises help improve flexibility, strength, balance, and relaxation.

No floor work required.

Fridays 1pm-1:45pm

Pre-registration, signed waiver and regular attendance is expected

Limited Space

Please email Debbie Johnston to register.
djohnston@gatheringplacekennett.org

Join us for a discussion with guest speaker William E. Howell III, Esq.



Topics include:

- Wills
- Trusts
- Power of Attorney
- Living Wills

Thursday, September 10, 2026

12:45 - 1:45

The Gathering Place at Kennett

427 S. Walnut St., Kennett Square, PA

610-444-4819



Understanding Breast Cancer

October is Breast Cancer Awareness Month. Breast Cancer is the most diagnosed cancer among women. Please join Fox Chase Cancer Center to learn more about risk factors, symptoms, breast density, screening options, and treatments.

Thursday, October 8, 2026

12:45 - 1:45

The Gathering Place at Kennett

427 S. Walnut St., Kennett Square, PA

610-444-4819

MEMBERSHIP - The Best Deal in Town

The Gathering Place at Kennett offers many different programs, activities, and benefits to local adults 55+. For a small annual fee (\$40/person), you can enjoy the perks of membership while also supporting our operational costs. Signing up is easy! You can visit our website (gatheringplacekennett.org) and sign up online or download a membership form. You can also call us at 610.444.4819 and you will be assisted with your membership.

2026 MEMBERS - YMCA & AQUA PROGRAMS

SIGN-IN PROCEDURE: For the YMCA facilities (pool, track, fitness room) Tuesdays and Thursdays, 1:00-3:00pm, please show your TGP 2026 key tag, fill out an application, have your photo taken (for informational purposes), and then you will receive an electronic key tag to be swiped at the front desk at each visit.

For the Aqua Crosslands and Aqua Kendal swim programs, please reach out to Debbie Johnston regarding class openings. We are limited to 15 attendees for each location. NO CLASSES AT EITHER LOCATION SEPTEMBER 1st-OCTOBER 12th. For more information email: djohnston@gatheringplacekennett.org

HELP US STAY IN TOUCH!

DO YOU HAVE AN E-MAIL ADDRESS? If you would like to receive your copy of the newsletter right in your inbox via e-mail, let Debbie Johnston know at djohnston@gatheringplacekennett.org

MISSING OUR NEWSLETTER VIA E-MAIL?

Having problems receiving the newsletter? Please don't forget to check your JUNK or SPAM folders. If the email with the newsletter is there, click and mark as NOT JUNK or NOT SPAM. This will whitelist our email address and the newsletter will no longer fall in the JUNK or SPAM folder.

Come & gather with us!

FIBER ARTS @ THE GATHERING PLACE



*Love to knit or crochet?
Would you like to learn?*

Join our group of fiber artists who are happy to share their skills and create new memories together!



Every Monday @ 9:30am in the Community Room!

Downsizing, decluttering, or do you have "STUFF" you would like to see put to good use?

Next Sale - Saturday, September 26th



THE GATHERING PLACE AT KENNETT GRATEFULLY ACCEPTS DONATIONS OF MOST HOUSEHOLD ITEMS. SOME ITEMS ARE PROVIDED TO LOCAL RESIDENTS WHO HAVE IMMEDIATE NEEDS AND SOME ARE SET ASIDE MEMBERS CAN PURCHASE WHAT THEY NEED AT AN AFFORDABLE PRICE. ALL PROCEEDS OF OUR SALES SUPPORT TGP@KENNETT PARTICIPANTS THROUGH A WIDE ARRAY OF FREE NUTRITION, HEALTH & WELLNESS, INFORMATION & ASSISTANCE AND VOLUNTEER PROGRAMS.

EASY ON-SITE PARKING WITH FRONT DOOR DROP OFF!

DROP OFF: MON THRU THURSDAY 9:30 AM TO 2:00 PM OR BY APPT.

DONATION DEADLINE FOR NEXT SALE IS FRIDAY, SEPTEMBER 18TH



The Gathering Place at Kennett

A COMMUNITY CENTER POWERED BY ADULTS 55+



427 S. Walnut Street, Kennett Square
(one block south of the Country Butcher)
610.444.4819



The Gathering Place at Kennett is a 501(c)3 Charitable Organization. The official registration and financial information may be obtained from the PA Department of State by calling toll free, within PA, 1-800-732-0999. Registration does not imply endorsement.

The Gathering Place at Kennett Board of Directors

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& Rental Assistant

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